

## ADAMS COUNTY BEHAVIORAL HEALTH (BH) RESOURCE LIST

SUICIDE AND CRISIS LIFELINE: CALL OR TEXT 988

Organization	MENTAL HEALTH (MH)			SUBSTANCE USE (SUD)			AGE/POPULATION		PAYOR SOURCE				
	Psychiatry/ Medication Management	MH Counseling/ Therapy	MH Case Management/ Community Support	SUD Counseling/ Therapy	Medication- Assisted Treatment	SUD Residential	Children/ Adolescent	Adult	Medicaid	Medicare	Private Insurance	Sliding scale	Self Pay
Blessing (217-224-4453)	yes	yes					yes	yes	yes	yes	yes	yes	yes
Catholic Charities (217) 222-0958		yes					yes	yes			yes	yes	
Clarity Healthcare (217) 222-6277	yes	yes	yes	yes	yes	yes	yes	yes	yes	yes	yes	yes	yes
Cornerstone (217) 222-8254		yes					yes	yes		yes	yes	yes	yes
Family Guidance Center (217) 617-4097				yes	yes				yes	yes	yes	yes	yes
Hetzler & Associates (217) 214-5615		yes					yes	yes	yes				yes
Hopewell Clinic (217) 223-0170				yes				yes					yes
Midwest Counseling (217) 224-4080		yes					yes - 12+	yes		yes			yes
QMG (217) 222-6550	yes	yes					yes	yes	yes	yes	yes	yes	yes
SIU Center for Family Medicine (217) 224-9484	yes	yes		yes	yes		yes	yes	yes	yes	yes	yes	yes
Transitions (217) 223-0413	yes	yes	yes	yes	yes		yes	yes	yes	yes	yes	yes	yes

### Service Definitions

<b>Psychiatry</b>	Utilization of medications to assist with mental health symptoms impacting daily living.
<b>MH Counseling/ Therapy</b>	Individual or group (family, couples) sessions focused on processing issues related to mental health.
<b>MH Case Management/ Community Support</b>	Provides assistance with accessing community resources (e.g. housing, employment, etc) to address basic needs and also assistance with learning coping skills for day to day challenges.
<b>SUD Counseling/ Therapy</b>	Individual or group (family, couples) sessions focused on processing issues related to substance use.
<b>Medication- Assisted Treatment</b>	The use of medications, in combination with counseling and behavioral therapies, to provide a "whole-patient" approach to the treatment of substance use disorders
<b>SUD Residential</b>	Twenty-four hour residential treatment with high intensity individual and group SUD counseling/therapy

Adams County offers a wide array of social services and resources. Please scan the QR code to the right to view an exhaustive list of resources or visit <https://www.co.adams.il.us/home/showpublisheddocument/7826/638066067908830000>



Other Resources Related to Behavioral Health	Description of support services provided	Contact Info
Chaddock	Family Coaching services, Caregiver Connections (working with daycare providers 0-5), The Knowledge Center (trauma education and training)	<a href="tel:217-222-0034">Chaddock Admissions 217-222-0034</a> , <a href="http://www.chaddock.org">www.chaddock.org</a>
BEACON	centralized resource for Illinois youth and families seeking services for <b>complex</b> behavioral health needs	<a href="https://beacon.illinois.gov/">https://beacon.illinois.gov/</a>
Bella Ease	Advocacy and Support for Children & Families	<a href="http://www.bellaease.com">www.bellaease.com</a> ; 21
Quanada	Domestic Violence Shelter/Services	<a href="http://www.quanada.org">www.quanada.org</a>
AA Self-Help Groups	Alcohol Use Support Groups	<a href="https://findrecovery.com/aa_meetings/il/quincy/">https://findrecovery.com/aa_meetings/il/quincy/</a>
NA Self-Help Groups	Substance Use Support groups	<a href="https://findrecovery.com/na_meetings/il/quincy/">https://findrecovery.com/na_meetings/il/quincy/</a>
Addicts Victorious	Substance Use Support groups	<a href="http://www.horizonsquincy.com/">www.horizonsquincy.com/</a> 217-223-5530 ext 2301
Regeneration	Substance Use Support groups	217-203-8787; <a href="mailto:regenerations@thecrossing.net">regenerations@thecrossing.net</a>
Transitions Mobile Crisis Response (SASS)	Crisis Assessment Services for anyone with Illinois Medicaid and uninsured youth under age 18	Call 1-800-345-9049
Transitions Mobile Crisis Response	Crisis assessment services for non-Medicaid children and uninsured children and adults	Call 217-223-0422
Clarity Mobile Crisis Response	Crisis assessment services for all individuals	Call 217-222-6277